

CBD American Shaman™

*Powerful CBD Hemp Oil Extract
Health & Beauty Products*

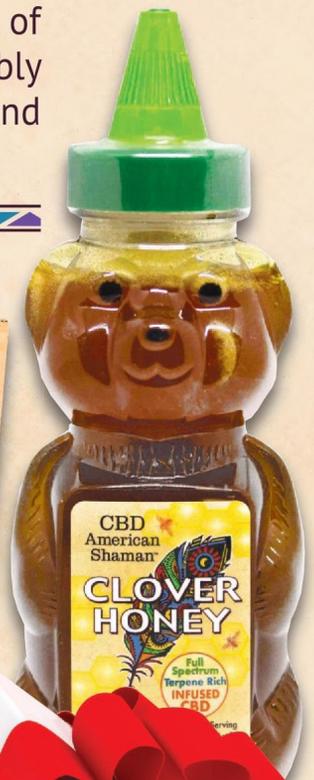
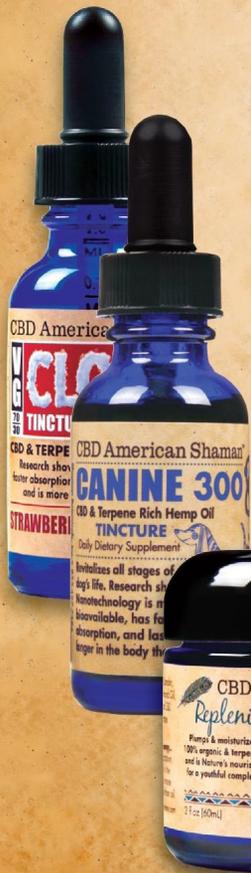


Our state of the art **Nanotechnology** increases absorption & delivery time of CBD to your blood stream – ensuring products are incredibly efficient and cost effective.

CBD American Shaman is a company dedicated to bringing wellness to the world through ultra-concentrated CBD Hemp Oil Extract. Derived from natural industrial hemp, our products have no heavy metals or insecticides and are batch tested using Ultra Performance Convergence Chromatography. We have two doctors on staff, and products are also third party tested. Research suggests that whole plant, hemp oil extract may help with overall wellness and most customers agree. Our state of the art Nanotechnology increases absorption and delivery time of Cannabidiol to your blood stream – ensuring products are incredibly efficient and cost effective. Our products are grown, processed and extracted in the USA.

Our Products Include:

- 500 Topical Cream
- Body Lotion
- Canine Tincture
- Capsules
- Clearomizers
- Concentrate
- Edibles
- Face Cream
- Feline Tincture
- Lip Revitalizer
- Massage Oil
- Rechargeable Vaporizer & USB Charger
- Tincture
- Topical Serum
- Under-Eye Serum
- VG Cloud Tincture
- Water Soluble
- Water Soluble (Extra Strength)
- And, Much More!



20% OFF
Your Entire Purchase!
GOOD THRU 01/31/2020
Please bring this coupon. Valid at Listed Store Locations.

FREE SAMPLES

These statements have not been evaluated by the Federal Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For use by adults 18+. Keep out of reach of children. If pregnant or breast-feeding, ask a health professional before use.

NATURE is my medicine

PLANT MEDICINE SECTION

Ask these 5 questions before you buy CBD!

by Pricila Rodriguez

Finding a CBD product that you trust can be a risky task these days. Ever since the CBD boom in Houston you can find CBD nearly everywhere! You might have heard of a CBD product recommended by your best friend or sister but how do you know what you are really getting? No fear! Here I've compiled 5 questions that I believe will allow you to make a more informed decision about the CBD you purchase.

1.) What's the difference between Full Spectrum, Broad Spectrum and Isolate?

This question will set the experts from salesmen apart. Anyone selling CBD should be able to explain to you the different extraction methods and the difference between why you would prefer one over the other. This question is especially important for anyone avoiding THC for themselves, pets or child. This brings us to the second question.

2.) Do you have batch and lab reports? If so, can I see them?

Okay so this may be 2 in 1 but they are relevant to each other. What you see is what you get is not the case here. Let's be frank, companies have a responsibility to have full transparency on their product labels, but we know that is not always the case so why not take that extra step of precaution and ask for the lab reports. Lab reports should be provided by a 3rd party lab to ensure standards from an independent lab are met not the company's in-house standards. Also note that hemp regulations coming in the first quarter of 2020 will require CBD companies to have QR codes and batch numbers on their labels.

3.) Where do your products come from? U.S. made and U.S. grown are not the same!

So, your products are derived from hemp grown in China or Europe, what's the big deal? Hemp grown in other countries are great for industrial uses such as textiles and rope, but I would be wary of its use for CBD. With no strict regulation on the hemp coming ashore there is no limit as to what contaminants could be lurking in your bottle of CBD (another reason 3rd party lab reports are important). Companies often source CBD from other countries to save on the cost of growing but also compromise product purity in doing so. Stay on the safe side and look for a company whose products are "seed to sell".

4.) What product and method are best for me?

This is easy. A CBD expert should be able to guide you on the best product and method of taking CBD that is best for you. Simple as that, if it seems they are trying to make a sell or give you a sales pitch chances are you're not at the right place.

5.) What is CBD?

Although the answer is simple, a CBD expert would put a lot of thought behind the answer and know how to explain a simple yet complex question. Feel free to ask a variation of the question such as, is CBD cannabis? Or Can CBD get me high? What is the difference between CBD and THC?

Pricila Rodriguez is the owner of Sacred Leaf Zero CBD-The Heights.

Sacred Leaf Zero CBD-The Heights
4721 N Main St #G
Houston, TX 77009
832-409-5790
[instagram.com/eatsleepbreathecbd](https://www.instagram.com/eatsleepbreathecbd)

HOURS:

Monday - Friday
11am to 8:30pm
Saturday
10am to 9pm

CHRONIC INFLAMMATION and PAIN

CBD has benefited:

- Chronic Pain
- Arthritis
- Rheumatoid Arthritis
- Fibromyalgia
- Lupus
- Crohn's/IBS/PMS



4721 N Main St Unit G • 832-409-5790

FEBRUARY

Coming Next

Cardiovascular Health

Plus: Regenerative Medicine



natural awakenings

COMING IN FEBRUARY

We are stepping back from CBD for a month and will feature an article by Kathleen Barnes entitled "Four Plants that Fight Off Disease". These are plants that you can purchase at your local supermarket and have probably used without knowing their healing properties.

Check back to our Plant Medicine section each month to grow your knowledge of nature's most versatile medicines. Pick up a FREE copy and pick up an extra to share with friends. Help spread the word about Natural Awakenings.

PLANT MEDICINE RESOURCES

Element 5 Om Acupuncture Wellness

2503 Robinhood St Suite 120 Houston, TX 77005 Open Monday-Friday 9:30-6:30 713-942-7110

Chinese Herbal Medicine: Mention Natural Awakenings and get 20% off an herbal consultation. element5om.com

A Moveable Feast

9341 Katy Fwy, Echo Lane Center Houston, TX 77024 713-365-0368

Restaurant, Health Food, Herbs, Vitamins and Supplements & CBD amoveablefeast.com 25% Off Supplements-Limit One

Sacred Leaf CBD Heights

4721 North Main Houston, TX 77009 832-409-5790

Give the gift of relief! 20% off any one item.

Natural Leaf

The 1st Professional CBD Store in Houston 3959A S Gessner Road, Houston, Texas, 77063 713-505 1470

Hours- Monday to Saturday 10am - 8pm, Sunday 12noon - 6pm

Pharmacist owned and staffed with certified specialists.

Visit us on Facebook: @ mynaturalleaf, Instagram: naturalleafgessner

Smoke Envy/Better Days CBD

2425 Yale Street, #2 Houston, TX 77008 852-744-9944

better-days-wellness-shop.business.site 20% OFF any on 1 Item

Deer Lake Lodge Spa Resort

10500 Deer Lake Lodge Rd, Montgomery, TX 77316 936-647-1383

We incorporate Blood Purifying and Liver & Kidney detox teas into our detox program, come check us out! deerlakelodge.com

Bodhi Essential Oils

505 8th Street Kemah, TX 77565 281-549-6051

Charlotte's Web CBD Oil 15% Discount on your entire purchase. bodhiessentialoils.com

Hydroshack Hydroponics

1138 W 20th Street Houston, TX 77008 Open 7 days a week 713-292-1921

Organic Soils, Nutrients, Coco, Foxfarm, & CBD. Hydroshack.com

Pixie's Intent

2727 Fondren Rd #5b Houston, TX 77063 Open Tue-Sun 11am-7pm 832-831-8405

CBD Oils and Edibles pixiesintent.com

Green Compass Global | CBD

Leslie Shatto - Independent Advocate (832)791-2772 NaturalWellnessWithCBD.com

Want to see your CBD Store Here? Ask me how.

February Deadline is January 10th. mike@naturalawakenings-houston.com

Never Miss An Issue! Subscribe to our Digital Magazine

text NAHTX to 66866

New subscribers receive a free digital magazine once a month plus a weekly newsletter emailed to them

PLUS: You will be entered into a monthly contest to win a FREE massage from The Healing Path Massage



9341 Katy Freeway Houston, Texas 77024 amoveablefeast.com